



INVITATION

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[SET ONLINE REGISTRATION 2026](#)

General Contact: info@nesporttkd.com



Dear Grand Masters, Masters, and Instructors,

It is with great pleasure that we invite you and your students to Wales' Capital City of Cardiff for the ITF 'Open Welsh' Championships 2026.

Please see below all the necessary information for you, your competitors, and supporters.

Organiser:

NE-Sport Taekwon-Do Club.

More Information and updates can be found at:

www.facebook.com/itfopenwelsh

[SET ONLINE REGISTRATION 2026](#)

We look forward to welcoming you and your students to Cardiff in June 2026.

Yours Sincerely,

Master Neil Ernest – VII Degree
NE-Sport Taekwon-Do Club
President – Welsh Taekwon-Do Association



INFORMATION

Date: Saturday 6th June 2026.

Location:

Cardiff City House of Sport 3
Clos Parc Morgannwg, Cardiff, CF11 8AW

Registration: Height/Weight Check:

Thursday 4th June (Online via Zoom) – 18:00-20:00
Friday 5th June (Online via Zoom) – 18:00-19:30
Friday 5th June (In person at venue) – 18:00-19:30

NB: There will be no available registration (competitor height / weight check) on the morning of the competition. This **MUST** be completed on or before Friday evening, either in person at the venue, or online via Zoom.

Umpire Meeting:

08:30 - Saturday 6th June, @ Venue

Coaches Meeting:

08:45 - Saturday 6th June, @ Venue

Start:

The competition will start at **09:00am**.

The competition is open to all Taekwon-Do students 10th Kup to 6th Degree.

Important Dates:

1st February 2026: Online Registration Opens

29th May 2026: 23:59 (GMT) Registration Closes

29th May 2026: Deadline for Payment of Entry Fees, Coaches Passes & Missing Umpire Fines
Draws Published Online once all competitors have completed registration

Schedule Published Online in advance of the event



Competition Registration & Height/Weight Check – Quick & Easy!

We're making registration **smooth and efficient** with the addition of our **Virtual Height & Weight Check!**

- ✓ **No long queues** – Register as a club in advance!
- ✓ **Simple & secure** – A quick check via Zoom from your club.
- ✓ **Tried & tested** – A proven system that works!

How to Register:

All competitors **must** complete registration by **Friday 5th June**.

Choose one of these easy options:

- 📅 **Thursday 4th June (Online via Zoom)** – 18:00-20:00 (by club appointment)
- 📅 **Friday 5th June (Online via Zoom)** – 18:00-19:30 (by club appointment)
- 📅 **Friday 5th June (In person at venue)** – 18:00-19:30

NB: There will be no available registration (competitor height / weight check) on the morning of the competition. This MUST be completed on or before Friday evening, either in person at the venue, or online via Zoom.

Important Notes:

- 📅 **Instructors must ensure correct heights/weights are entered in the online application.**
- 📅 **No changes to divisions can be made on the event day.**
- 📅 **Spot checks will be conducted to ensure fairness.**
- 📅 **Online Registration Requirements:**

- Clubs must use a **SECA height measuring stick** and **calibrated digital scales** (no tape measures!).
- **Scale Calibration:** Before weigh-ins, clubs must demonstrate accuracy by placing a **5kg dumbbell (or similar) on the scale to verify the correct output.**

! Can't attend the registration in person on Friday evening?

Book your club's **online Zoom registration slot** in advance.

More details on booking will be shared closer to the closing date.

' Register early, keep it simple, and let's make this a smooth event for everyone!



ONLINE REGISTRATION

All registrations of schools and clubs will be done through SPORTDATA at:

[SET ONLINE REGISTRATION 2026](#)

- From this page, please click “Login” at top right corner
- Complete fields required
- ITF Open Welsh Tournament Committee will send details of your registration
- You will now be able to register your competitors
- Please ensure mailing address is included

Important Registration Notice

Please note that all registrations must be submitted under the name of an **Individual club**.

Entries submitted under an association, organisation, or governing body name will still be accepted for participation in the event; however, they will not be counted towards the Overall Club Standings.

Only results achieved by competitors registered under an official club name will contribute to the club medal table and overall club awards.

DEADLINE FOR REGISTRATION

The closing Date for registration: **Friday 29th May, at 23:59**. This is when all online registrations for Competitors, Umpires, and Coaches must be completed.

ENTRY FEES & PAYMENT

- 11 years and Under All Grades: **£35**
- 12 years and Over Coloured Belts: **£35**
- 12 years and over Black Belts: **£45**
- Spectators: Adults - £5.00 / Children Under 16 years - £2.50



UMPIRES – Conditions of Registration – IMPORTANT

The Open Welsh 2026 will only accept registrations from schools and clubs that supply the appropriate number of umpires. Each school must participate with FULL TIME UMPIRE(S) according to the following:

1 – 3 x Competitors – 0 Umpires

4 - 10 x Competitors – 1 Umpire

11 -20 x Competitors – 2 Umpires

Over 20 x Competitors – 3 Umpires

Umpire Fine - £75 per Missing Umpire

COACHES

Coaching Passes will only be issued, where the club supplies the required number of umpires (according to the ratio above).

1 x Coaches Pass - £15

MAXIMUM 4 Coaches allowed.

Competitors who are competing and have a competitor wristband, can coach at no additional cost.



ACCREDITATION

All Competitors entry will be by Wristbands. Umpires and Coaches by ID Card.
Spectators will have entry tracked by a Wristband.
The wristbands will be available to purchase by:

- At Registration – Friday 5th
- At the door – Saturday 6th

INSCRIPTION

All ID Cards and competitor wristbands should be collected by the instructor / head coach at registration on Friday, or on the morning of competition.
This will be at the same times and venue as the weigh-in.
Coach ID cards will only be issued on the morning of the event once the umpire criteria has been confirmed.

DEADLINE FOR PAYMENT

Friday 29th May – Competitors will only be added to the draws once payment has been completed for all Competitors, Coaches and Missing Umpires.

Clubs who have not paid Entry Fees by Friday 29th May, will be removed from SD.

BANK DETAILS FOR PAYMENT

Competitor Entry, Missing Umpire, and Coach payments must be made to the account details below:

Add Reference: 'Club Name' (as in Sportdata) plus 'Open Welsh Entry Fees'.

Bank: **BARCLAYS BANK PLC**

Account Name: **NE-Sport & Fitness**

Sort Code: **20-18-27**

Account Number: **63349810**

BIC: **BUKBGB22**

IBAN: **GB16BUKB20182763349810**



DIVISIONS & CATEGORIES

AGE GROUPS

The competition will be divided into the following divisions:

- YOUTH (8 Years & under)
- CADET (9 – 11 years)
- PRE-JUNIOR (12-14 years)
- JUNIOR (15-17 years)
- SENIOR (18 years +)

GENDER

All categories will be split Male and Female.

BELT COLOUR GROUPS

Please refer to all categories for specific bandings of colours.

ENTRIES

There must be at least two (2) competitors in any division and /or category. In case of only one (1) competitor, ITF Open Welsh reserve the right to merge the competitor to another category.



PATTERNS

RULES

COLOURED BELTS

In each division the competitors will perform one Optional pattern from their respective belt grade.

Example: 4th Kups can only perform Joong-Gun, whereas 3rd Kups have the option to perform either Joong-Gun or Toi-Gye.

BLACK BELTS

In each division the competitors will perform one Designated Pattern from their respective belt grade.

In the Semi-Final & Final, the competitors will perform one Designated Pattern from their respective belt grade, plus one Designated Pattern from Chon-Ji to their grade.

DIVISIONS

YOUTH 8YRS & UNDER – WHITE

YOUTH 8YRS & UNDER – YELLOW

YOUTH 8YRS & UNDER – GREEN & BLUE

- White Belt: Saju-Jirugi / Saju-Makgi / Chon-Ji
- Yellow Belt: Dan-Gun / Do-San
- Green Belt: Won-Hyo / Yul-Gok
- Blue Belt: Joong-Gun / Toi-Gye

CADET 9 – 11YRS – WHITE

CADET 9 – 11YRS – YELLOW

CADET 9 – 11YRS – GREEN

CADET 9 – 11YRS – BLUE

CADET 9 – 11YRS – RED & BLACK

- White Belt: Saju-Jirugi / Saju-Makgi / Chon-Ji
- Yellow Belt: Dan-Gun / Do-San



- Green Belt: Won-Hyo / Yul-Gok
- Blue Belt: Joong-Gun / Toi-Gye
- Red Belt: Hwa-Rang / Choong-Moo
- Black Belt: Kwang-Gae / Po-Eun / Ge-Baek

PRE-JUNIOR 12 – 14YRS – WHITE & YELLOW

PRE-JUNIOR 12 – 14YRS – GREEN & BLUE

PRE-JUNIOR 12 – 14YRS – RED

PRE-JUNIOR 12 – 14YRS – BLACK ALL DEGREES

- White Belt: Saju-Jirugi / Saju-Makgi / Chon-Ji
- Yellow Belt: Dan-Gun / Do-San
- Green Belt: Won-Hyo / Yul-Gok
- Blue Belt: Joong-Gun / Toi-Gye
- Red Belt: Hwa-Rang / Choong-Moo
- Black Belt: Kwang-Gae / Po-Eun / Ge-Baek / Eui-Am / Choong-Jang / Juche

JUNIOR 15 – 17YRS – WHITE & YELLOW

JUNIOR 15 – 17YRS – GREEN & BLUE

JUNIOR 15 – 17YRS – RED

JUNIOR 15 – 17YRS - BLACK 1ST DEGREE

JUNIOR 15 – 17YRS - BLACK 2ND & 3RD DEGREE

- White Belt: Saju-Jirugi / Saju-Makgi / Chon-Ji
- Yellow Belt: Dan-Gun / Do-San
- Green Belt: Won-Hyo / Yul-Gok
- Blue Belt: Joong-Gun / Toi-Gye
- Red Belt: Hwa-Rang / Choong-Moo
- 1st Degree: Kwang-Gae / Po-Eun / Ge-Baek
- 2nd Degree: Eui-Am / Choong-Jang / Juche
- 3rd Degree: Sam-Il / Yoo-Sin / Choi-Yong



SENIOR 18YRS+ WHITE – YELLOW - GREEN
SENIOR 18YRS+ BLUE & RED
SENIOR 18YRS+ BLACK 1ST DEGREE
SENIOR 18YRS+ BLACK 2ND DEGREE
SENIOR 18YRS+ BLACK 3RD DEGREE
SENIOR 18YRS+ BLACK 4-6TH DEGREE

- White Belt: Saju-Jirugi / Saju-Makgi / Chon-Ji
- Yellow Belt: Dan-Gun / Do-San
- Green Belt: Won-Hyo / Yul-Gok
- Blue Belt: Joong-Gun / Toi-Gye
- Red Belt: Hwa-Rang / Choong-Moo
- 1st Degree: Kwang-Gae / Po-Eun / Ge-Baek
- 2nd Degree: Eui-Am / Choong-Jang / Juche
- 3rd Degree: Sam-Il / Yoo-Sin / Choi-Yong
- 4th-6th Degree: Yon-Gae / Ul-Ji / Moon Moo

NOTES: In the case of a draw:

- Both competitors will be given a designated pattern from Chon-Ji up to the limit of the lowest grade competing. **White belts may perform One Optional pattern again.**



SPARRING

Categories defined by height.

YOUTH 8YRS & UNDER will be split both MALE & FEMALE with following belt colour groups:

WHITE >120CM, >130CM, >140CM, +140CM

YELLOW >120CM, >130CM, >140CM, +140CM

GREEN & BLUE >130CM, >140CM, +140CM

CADET 9 – 11YRS will be split both MALE & FEMALE with following belt colour groups:

WHITE >130CM, >140CM, >150CM, +150CM

YELLOW >130CM, >140CM, >150CM, +150CM

GREEN >130CM, >140CM, >150CM, +150CM

BLUE >140CM, >150CM, +150CM

RED & BLACK >140CM, >150CM, +150CM

Categories defined by weight.

PRE-JUNIOR 12 – 14YRS - FEMALE

WHITE & YELLOW >44KG, >52KG, >60KG, +60KG

GREEN & BLUE >44KG, >52KG, >60KG, +60KG

RED >44KG, >52KG, >60KG, +60KG

BLACK >40KG, >44KG, >48KG, >52KG, >56KG, >60KG, +60KG



PRE-JUNIOR 12 – 14YRS - MALE

WHITE & YELLOW >45KG, >55KG, >65KG, +65KG

GREEN & BLUE >45KG, >55KG, >65KG, +65KG

RED >45KG, >55KG, >65KG, +65KG

BLACK >40KG, >45KG, >50KG, >55KG, >60KG, >65KG, +65KG

JUNIOR 15-17YRS – FEMALE

WHITE & YELLOW >49KG, >57KG, >65KG, +65KG

GREEN & BLUE >49KG, >57KG, >65KG, +65KG

RED >49KG, >57KG, >65KG, +65KG

BLACK >45KG, >49KG, >53KG, >57KG, >61KG, >65KG, +65KG

JUNIOR 15-17YRS – MALE

WHITE & YELLOW >55KG, >65KG, >75KG, +75KG

GREEN & BLUE >55KG, >65KG, >75KG, +75KG

RED >55KG, >65KG, >75KG, +75KG

BLACK >50KG, >55KG, >60KG, >65KG, >70KG, >75KG, +75KG



SENIOR 18YRS+ - FEMALE

WHITE & YELLOW >55KG, >65KG, >75KG, +75KG

GREEN & BLUE >55KG, >65KG, >75KG, +75KG

RED >55KG, >65KG, >75KG, +75KG

BLACK >50KG, >55KG, >60KG, >65KG, >70KG, >75KG, +75KG

SENIOR 18YRS+ - MALE

WHITE & YELLOW >63KG, >75KG, >87KG, +87KG

GREEN & BLUE >63KG, >75KG, >87KG, +87KG

RED >63KG, >75KG, >87KG, +87KG

BLACK >57KG, >63KG, >69KG, >75KG, >81KG, >87KG, +87KG

OPEN WEIGHT – BLACKBELTS

PRE-JUNIOR 12-14YRS	JUNIOR 15-17YRS	SENIOR 18YRS+
FEMALE >52KG, +52KG	FEMALE >57KG, +57KG	FEMALE >65KG, +65KG
MALE >55KG, +55KG	MALE >65KG, +65KG	MALE >75KG, +75KG

In case of a competitor reaching a TOTAL of 6 WARNINGS, the bout will automatically end resulting in a Loss.



SPARRING MATCH DURATION

Unless stated all time periods are for elimination rounds and finals. All matches if resulting in a draw will go DIRECTLY to a 1st point (Golden Point) deciding round.

YOUTH:

All grades will be 1 x 90 secs.

CADET

All grades will be 1 x 90 secs.

PRE-JUNIOR

Kup grades will be 1 x 120 secs.

Black Belts will be 1 x 120 secs.

Black Belt Finals will be 2 x 120 secs with a 60 sec rest period.

JUNIOR:

Kup Grades will be 1 x 120 secs.

Black Belts will be 1 x 120 secs.

Black Belt Finals will be 2 x 120 secs with a 60 sec rest period.

SENIOR:

Kup Grades will be 1 x 120 secs.

Black Belts will be 1 x 120 secs.

Black Belt Finals will be 2 x 120 secs with a 60 sec rest period.

OPEN WEIGHT - Elimination Rounds & Finals – 1 x 120 secs.



SPECIAL TECHNIQUE Categories will be split Male & female.

TWIMYO NOPI AP CHA BUSIGI

YOUTH 8YRS & UNDER

ALL GRADES >120CM, >130CM, >140CM, +140CM

CADET 9 – 11YRS

ALL GRADES >130CM, >140CM, >150CM, +150CM

PRE-JUNIOR 12 – 14YRS

WHITE, YELLOW & GREEN
BLUE & RED
BLACK

JUNIOR 15-17YRS

WHITE, YELLOW & GREEN
BLUE & RED
BLACK

STARTING HEIGHTS

Youth & Cadet (Target Height will be 10cm above the Category Height)

Pre-Jnr (Target Height 200cms M; 190cms F)

Jnr (Target Height 210cms M; 200cms F)